

**TOORX**  
FITNESS IN MOTION

# INSTRUCTION



**SRX60 EVO**



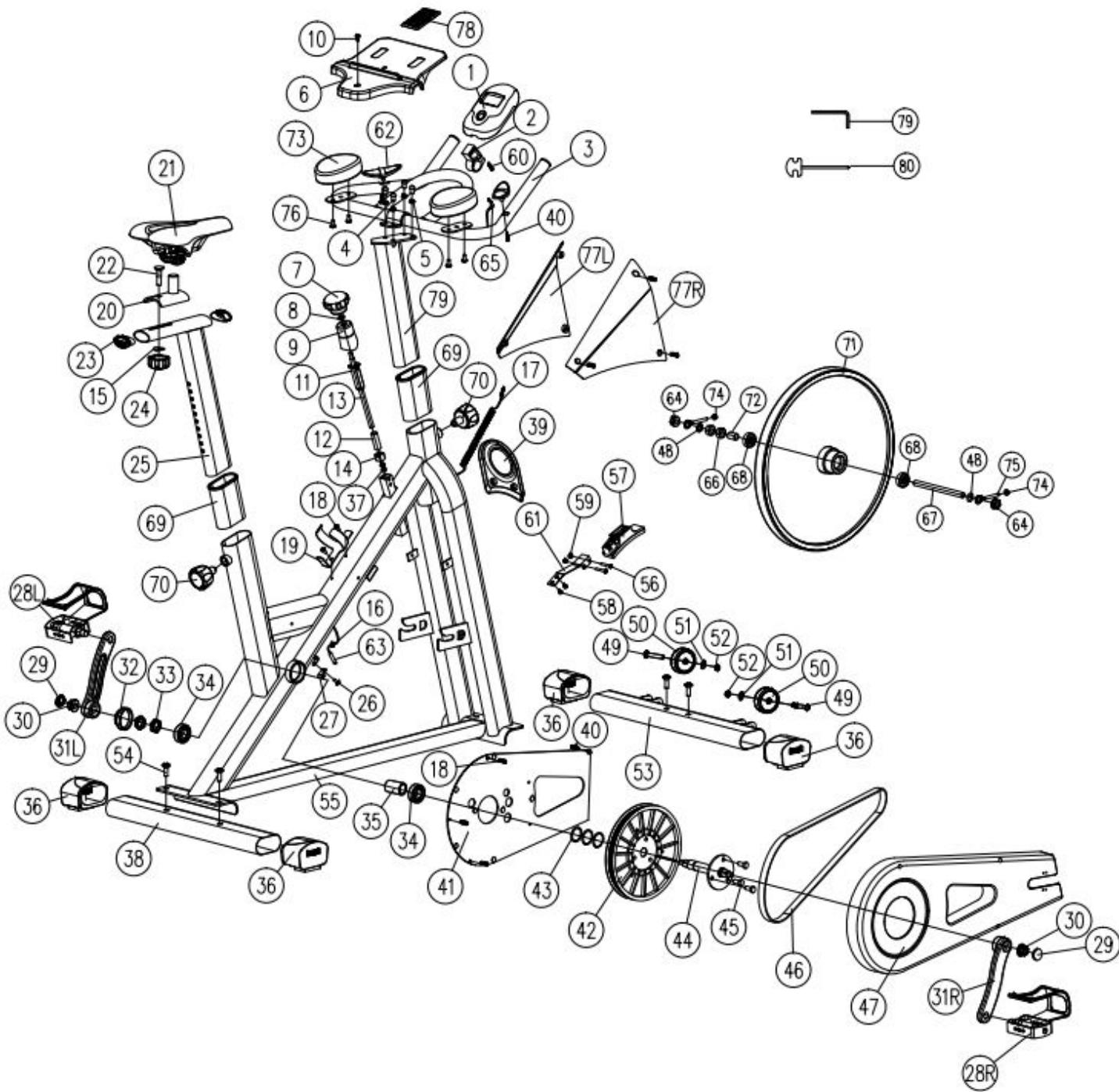
Cod : GRLDTOORXSRX60E

Rev : 00

Ed : 04/20



# EXPLOSIVE

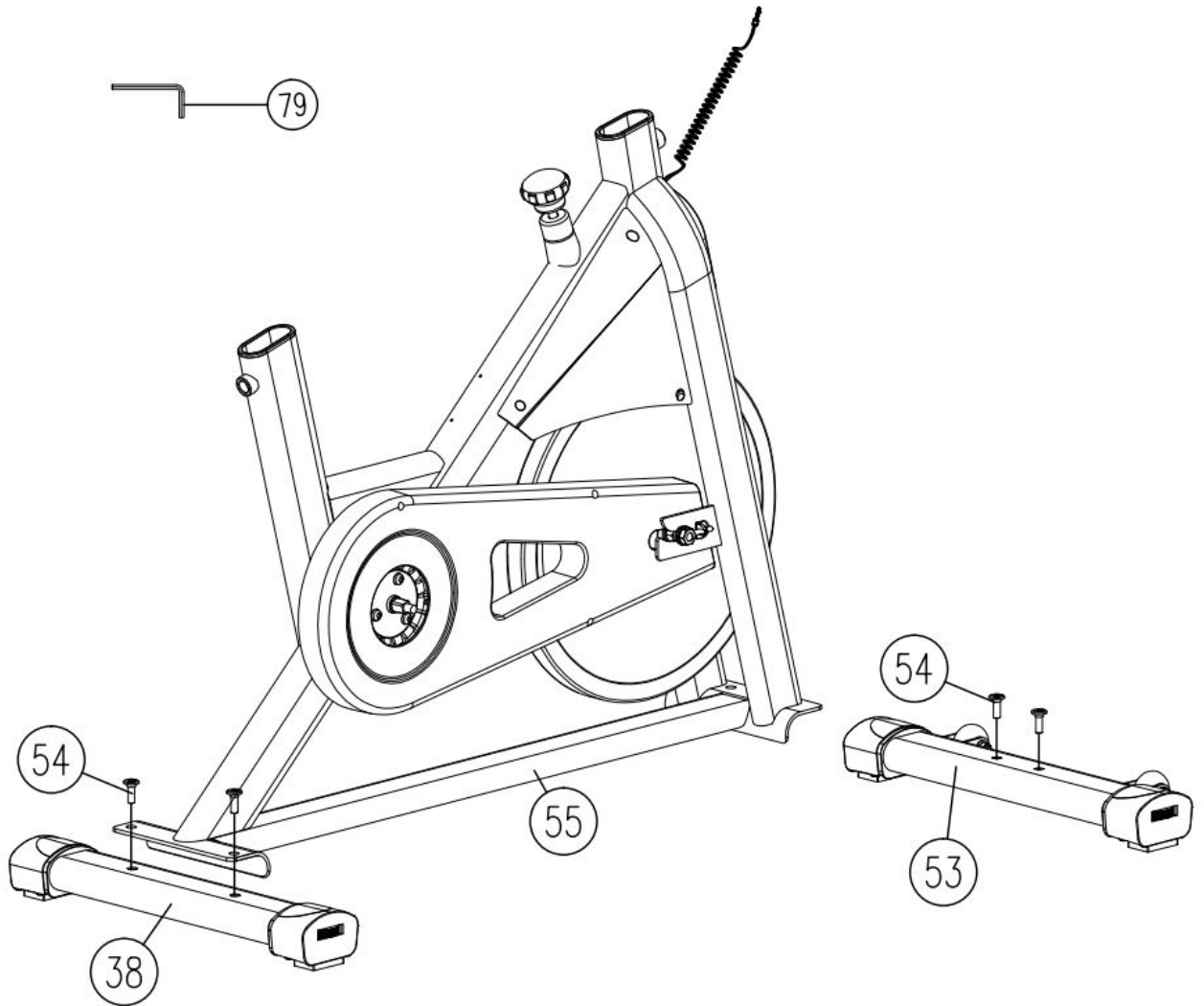


<b>PART NO.</b>	<b>DESCRIPTION</b>	<b>QTY</b>
1	Computer	1 PC
2	Computer holder	1 PC
3	Handlebar	1 PC
4	Hexagon screw M8	4 PCS
5	Spring washer $\phi$ 8	4 PCS
6	I-pad holder	1 PC
7	Brake knob	1 PC
8	Hexagon nut M8	1 PC
9	Brake cover	1 PC
10	Screw M5	1 PC
11	Brake nylon bushing	1 PC
12	Brake limit tube	1 PC
13	Brake rob	1 PC
14	Brake square nut	1 PC
15	Washer $\phi$ 10	1 PC
16	Cable plug	2 PCS
17	Cable	1 PC
18	Screw M4.2	7 PCS
19	Bottle holder	1 PC
20	Slider	1 PC
21	Seat	1 PC
22	Carriage screw M10	1 PC
23	End cap	2 PCS
24	Knob	1 PC
25	Seat post	1 PC
26	Screw M5	1 PC
27	C clamp	1 PC

<b>PART NO.</b>	<b>DESCRIPTION</b>	<b>QTY</b>
28	Pedal(R +L)	1 SET
29	Crank plug	2 PCS
30	Flange nut M10	2 PCS
31	Crank(R+L)	1 SET
32	Crank bushing	1 PC
33	Hexagon nut	2 PCS
34	Bearing	2 PCS
35	Bushing	1 PC
36	End cap	4 PCS
37	Hexagon nut M10	2 PCS
38	Rear tube	1 PC
39	Front trim cover	1 PC
40	Screw M4	7 PCS
41	Chain cover (inner)	1 PC
42	Belt pulley	1 PC
43	Flat washer	3 PCS
44	Axis	1 PC
45	Hexagon screw	3 PCS
46	Belt	1 PC
47	Chain cover (outer)	1 PC
48	Flat washer	3 PCS
49	Hexagon screw	2 PCS
50	Moving flywheel	2 PCS
51	Flat washer $\phi$ 8	2 PCS
52	Nylon nut M8	2 PCS
53	Front tube	1 PC
54	Step screw M8	4 PCS

<b>PART NO.</b>	<b>DESCRIPTION</b>	<b>QTY</b>
55	Frame	1 PC
56	Screw M5	2 PCS
57	Brake pad	1 PC
58	Hexagon nut M5	2 PCS
59	Nylon cap M5	2 PCS
60	Screw	1 PC
61	Brake shrapnel	1 PC
62	Hand pulse tablet	2 PCS
63	Cable	1 PC
64	Flange nut M12	2 PCS
65	Hand pulse cable	4 PCS
66	Hexagon nut M12	2 PCS
67	Flywheel axis	1 PC
68	Bearing	2 PCS
69	Tube clamp	2 PCS
70	Knob	2 PCS
71	Flywheel	1 PC
72	Bushing	1 PC
73	Arm pad	2 PCS
74	Nylon cap M6	2 PCS
75	Adjuster	2 PCS
76	Screw M6	1 PC
77	Trim cover(R+L)	1 SET
78	Suction cup	1 PC
79	Hexagon wrench	1 PC
80	Harpoon wrench	1 PC

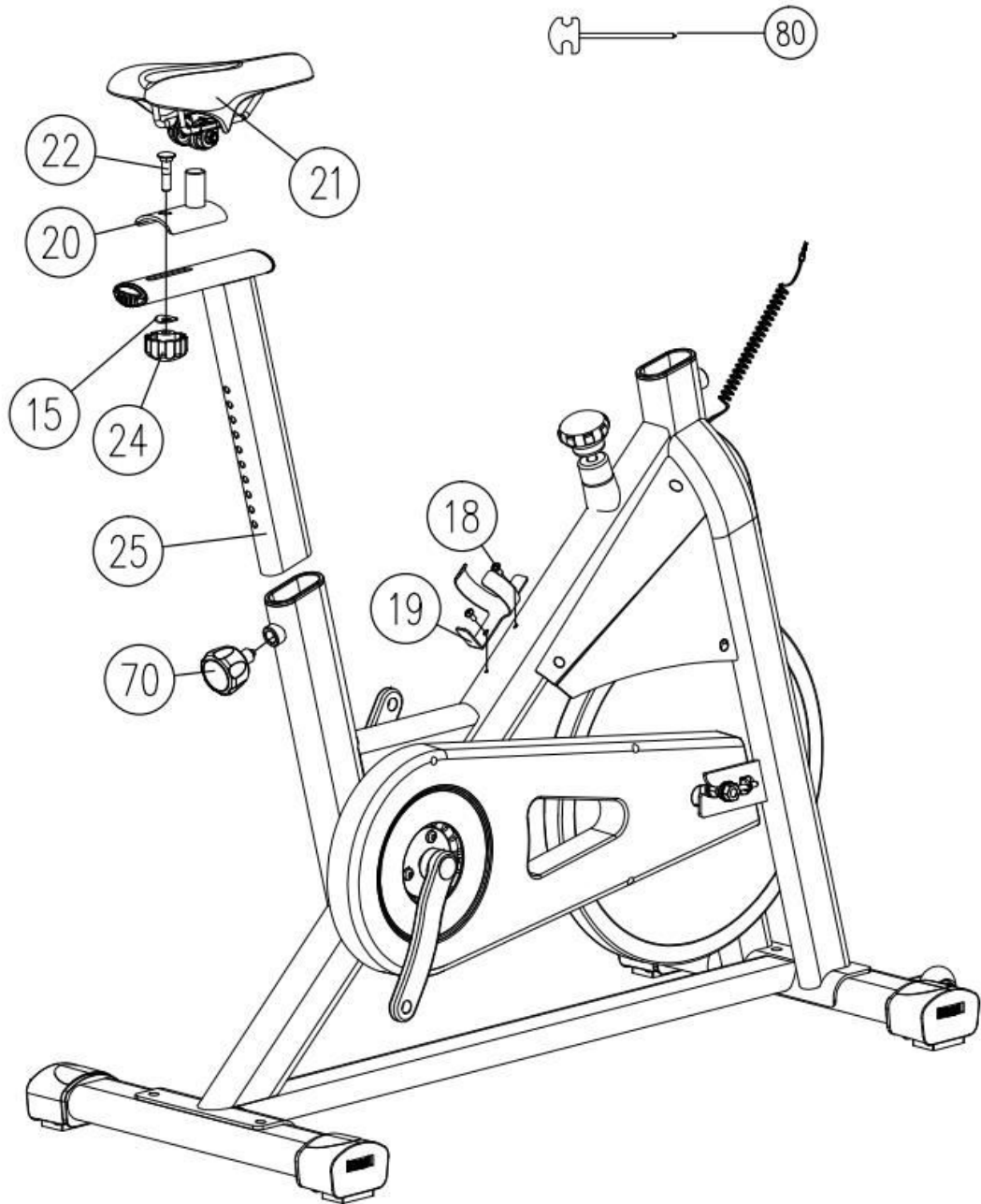
## ASSEMBLY INSTRUCTION



### STEP 1

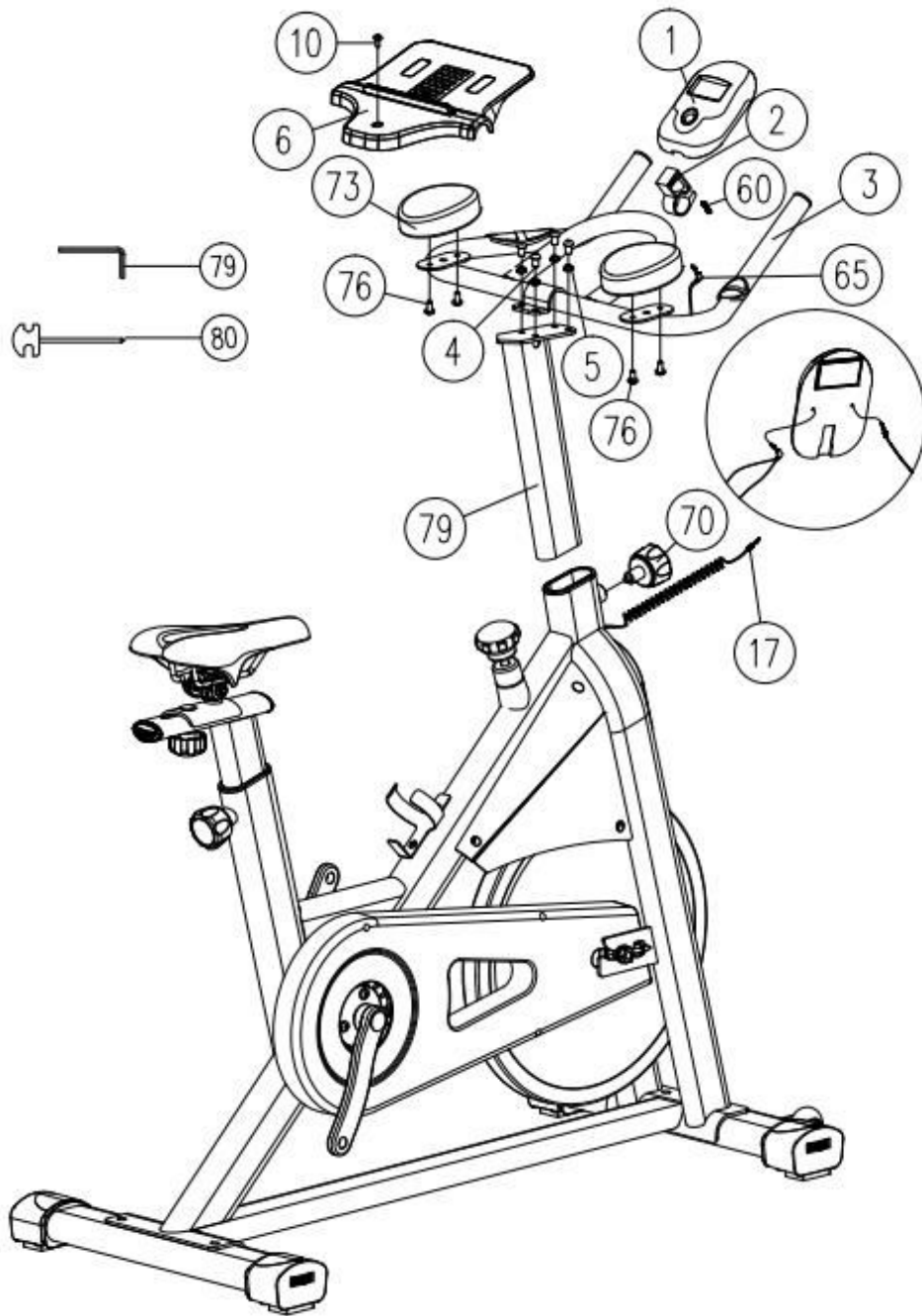
Attach the rear tube (38) to the main frame(55) using two step screw(54) and hexagon wrench(79).

Attach the front tube (53) to the main frame same as the rear tube.



## STEP 2

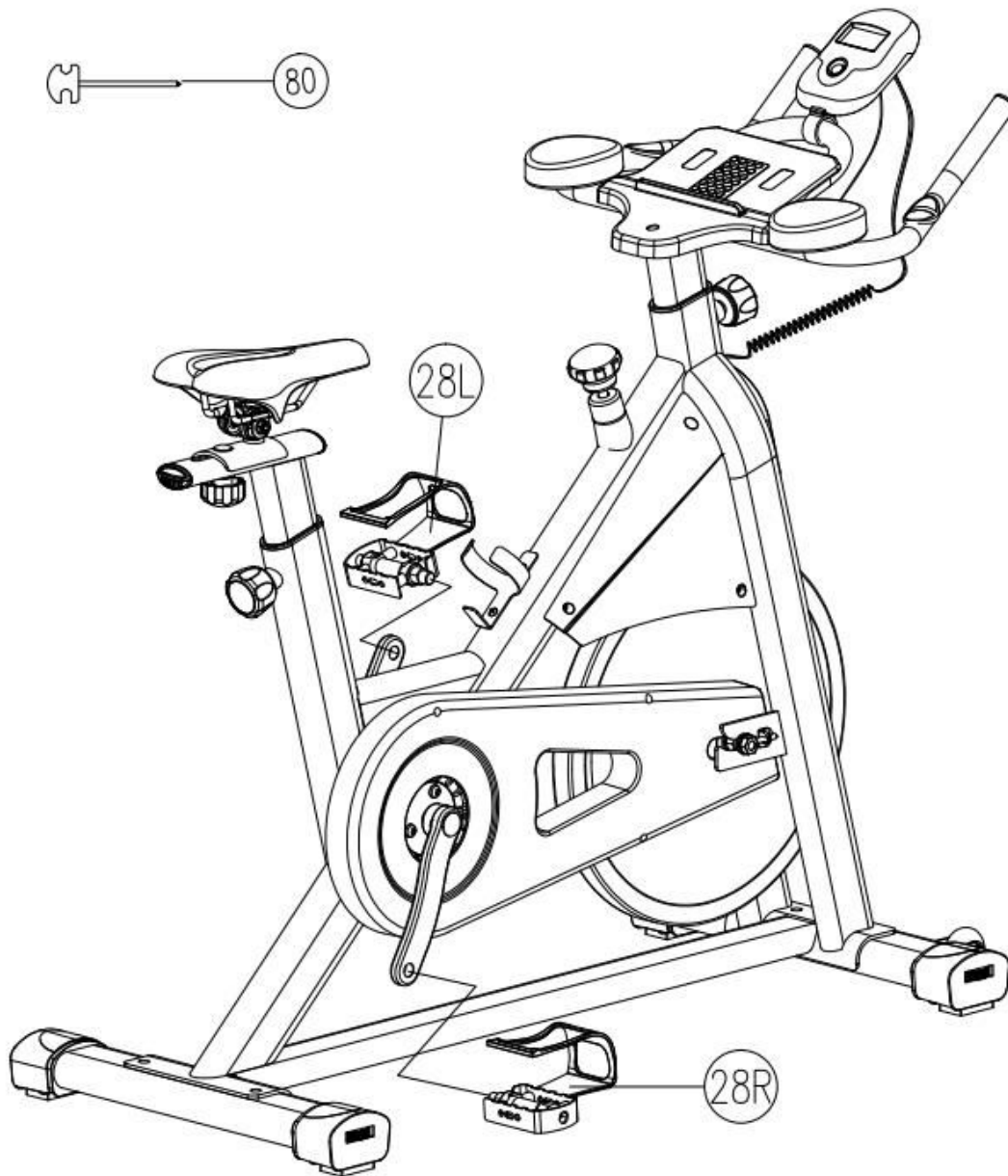
Put seat post (25) insert main frame with knob(70) adjust height.  
Fix slider(20) to seat post by carriage screw(22),washer(15) and knob(24).And  
then fix seat(21) to slider by harpoon wrench(80).  
Fix bottle holder(19) on main frame by two screws(18) and harpoon wrench.



### STEP 3

Put handlebar post (79) insert main frame with knob(70) adjust height.  
 Fix handlebar on handlebar(3) post by spring washer(5), hexagon screw(4) and hexagon wrench(79).  
 Fix arm pad(73) on handlebar by screw(76) and fix i-pad holder on handlebar by screw(10).  
 Fix computer(1) on the handlebar by computer holder(2) and screw(60). And insert the sensor cable plug and hand pulse cable plug(65) into the sensor joint and pulse joint of computer.





## STEP 4

The pedals (28L and 28R) are marked "L" and "R"-left and right. Connect them to their appropriate crank set. The right crank set is on the right hand side of the cycle as you sit on it.

Note that the right pedal should be threaded on clockwise and the left pedal on anti-clockwise.

Now your spinning bike is finished for use.

## SPECIFICATIONS:

TIME(TMR).....	00:00-99:59
SPEED(SPD).....	0.0-99.9KM/H(ML/H)
DISTANCE(DIST).....	0.00-99.99KM(ML)
CALORIES(CAL).....	0.0-999.9KCAL
※ODOMETER(ODO).....	0-9999KM(ML)
※PULSE(PUL).....	40-240BPM

## KEY FUNCTIONS:

**MODE:** This key lets you to select and lock on to a particular function you want.

※**SET(IF HAVE):** Can to proceed the data establish for“TIME”“DISTANCE”  
“CALORIES”.

**CLEAR(RESET):** The key to reset the value to zero by pressing the key.

## OPERATION PROCEDURES:

## 1. AUTO ON/OFF

- ◆ The system turns on when any key is pressed or when it sensor an input from the speed sensor.
- ◆ The system turns off automatically when the speed has no signal input or no key are pressed for approximately 4 minutes.

## 2. RESET

The unit can be reset by either changing battery or pressing the MODE key for 3 seconds.

## 3. MODE

To choose the SCAN or LOCK if you do not want the scan mode, press the MODE key when the pointer on the function you want which begins blinking.

## FUNCTIONS:

1. **TIME:** Press the MODE key until pointer lock on to TIME. The total working time will be shown when starting exercise.
2. **SPEED:** Press the MODE key until the pointer advance to SPEED. The current speed will be shown.
3. **DISTANCE:** Press the MODE key until the pointer advance to DISTANCE. The distance of each workout will be displayed.
4. **CALORIE:** Press the MODE key until pointer lock on to CALORIE. The calorie burned will be displayed when starting exercise.
5. **ODOMETER(IF HAVE):** Press the MODE key until the pointer advance to ODOEMETER. The total accumulated distance will be shown.
6. **PULSE(IF HAVE):** Press the MODE key until the pointer advance to PULSE. User’s current heart rate will be displayed in beats per minute. Place the palms of your hands on both of the contact pads(or put ear-clip to ear), and wait for 30 seconds for the most accurate reading.

**SCAN:** Automatically display changes every 4 seconds.

## BATTERY:

If improper display on monitor, please rein stall the batteries to have a good result.



GARLANDO SPA  
Via Regione Piemonte, 32 - Zona Industriale D1  
15068 - Pozzolo Formigaro (AL) - Italy  
[www.toorx.it](http://www.toorx.it) - [info@toorx.it](mailto:info@toorx.it)